

# National Primary Care Week

October 4th-8th, 2021



# National Primary Care Week: Oct 4-8

AMSA is excited to present the 22nd anniversary of National Primary Care Week! Almost  $\frac{1}{3}$  of all physicians are in Primary Care! Currently, there is one primary care physician for about every 1,429 people in the United States. The U.S. will face a shortage of between 21,100 and 55,200 primary care doctors by 2032. That's why we're asking you & your chapter to step up & advocate so our leaders can see how important Primary Care is!

Thanks for joining us!

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# 22 Years of NPCW



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**#NPCW2021 & #NPCW**

# National Primary Care Week



## About Primary Care

# What is Primary Care?



Healthcare at a basic level rather than specialized care whereby the primary care physician acts as the patient's first point of contact and coordinates the patient's specialized care. Primary care is necessary for disease prevention, overall public health promotion, and maintenance.

What are primary care specialties?

- Internal Medicine
- Family Medicine
- Pediatrics
- Obstetrics and Gynecology
- Psychiatry

# Why Consider Specializing in Primary Care?



- Primary care is the backbone of the healthcare system
- Primary care puts an emphasis on the physician-patient relationship
- Patients with access to a regular primary care physician have:
  - Lower overall health care costs, and
  - Improved health outcomes



# Primary Care Importance

Primary care is a critical part of our healthcare system, but often gets overlooked & underfunded:

- The AAMC estimates a shortage of between 21,100 and 55,200 primary care doctors by 2032
  - This shortage limits the opportunities physicians have to engage with their communities, as they are often stretched thin as is.
- Every additional primary care physician (PCP) per 10,000 Americans results in:
  - 5% decrease in outpatient visits
  - 5.5% decrease in hospital admissions
  - 10.9% decrease in emergency room visits



# National Primary Care Week



## Trivia!



# Primary Care Trivia!



**Which geographic region of the U.S. utilizes preventive care visits the most?**

- A. Northeast**
- B. Midwest**
- C. South**
- D. West**

# Primary Care Trivia!



**A. Northeast (53%)**

**Midwest (45%), South (43%), West (38%)**

## Primary Care Trivia!



**True or False:**  
**Collaboration between family physicians and other healthcare providers ( i.e. social workers, PT/OT, midwives) is on the rise.**

# Primary Care Trivia!



**TRUE**

## Primary Care Trivia!



**True or False: Women have consistently higher rates of preventive care visit utilization than men.**

# Primary Care Trivia!



**TRUE**

# Primary Care Trivia!



**Primary Care Physicians make up about \_\_\_\_\_%  
of total physicians.**

- A. 14%**
- B. 31%**
- C. 50%**
- D. 78%**

# Primary Care Trivia!



**B. 31%**



# Primary Care Trivia!



**Only about \_\_\_\_% of Primary Care Physicians  
specialize in Geriatrics**

- A. 20%**
- B. 10%**
- C. 5%**
- D. 2%**

# Primary Care Trivia!



**D. 2%**

# National Primary Care Week



## 2021 Agenda

# NPCW 2021 Schedule

Monday 10/4	Tuesday 10/5	Wednesday 10/6	Wednesday 10/6	Wednesday 10/6	Thursday 10/7	Friday 10/8	Friday 10/8
"What is Primary Care"	Advocacy in Action: Talking Points	Panel Discussion: Primary Care in a Changing Climate	Home Centered Care Institute: Bringing Family Medicine Back Home	Advocacy in Action: Writing Sessions	"How YOU Can Help Set AMSA's National Stances on Primary Care"	Physicians in Writing	Get Comfortable: Gender Inclusion
AAFP	AMSA Academy	Environmental Health Action Committee	HCCI	AMSA Academy	Health Policy	GoodRx	Gender & Sexuality Action Committee
7-8:30pm	8-9pm	12:30-1:30pm	2-3pm	8-9:30pm	7-8pm	12-1pm	2-3pm

# Monday, Oct 4

## “What is Primary Care?”

7 pm - 8 pm EDT

**The American Academy of Family Physicians presents what primary care looks like on a day-to-day basis through a panel discussion and small group conversations. John Cullen, MD, Mariama Massaquoi, MD, Kelly Thibert, DO, Anita Ravi, MD and Deepak Patel, MD share their experiences as family physicians.**



# Tues, Oct 6 AND Wed, Oct 7

## Advocacy in Action



Tues 8 pm - 9 pm, Wed 8 pm - 9:30 pm EDT

**The AMSA Academy presents on the importance of advocacy and teaches the skills necessary for advocating as a physician and student in this two part series on putting advocacy into action.**



# Wednesday, Oct 6

## Panel Discussion: Primary Care in a Changing Climate

12:30 pm - 1:30 pm EDT

The AMSA Environmental Health Action Committee presents a panel discussion with Dr. Rebecca Philipsborn, Dr. Gaurab Basu, and Dr. Alea Perkins on topics like the inequities associated with climate change, applying climate and health knowledge at the bedside, and what makes them optimistic about our collective future!



# Wednesday, Oct 6

## Home Centered Care Institute: Bringing a Family Medicine Back Home

2 pm - 3 pm EDT

**Dr. Paul Chiang, MD, is a practicing provider as well as the Senior Medical Advisor of the Home Centered Care Institute. He is passionate about working with students and residents and teaching about the tremendous value the home-based primary care brings to patients, providers, payers, caregivers and family. Through case stories and data, Dr. Chiang will describe the converging forces driving the demand for home-based primary care.**



**HCCI**  
HOME CENTERED CARE  
INSTITUTE



# Thursday, Oct 7

## How YOU Can Help Set AMSA's National Stances on Primary Care

**7 pm - 8 pm EDT**

**The AMSA Health Policy team discusses primary care policy and presents on how to become more involved in AMSA policy initiatives.**



# Friday, Oct 8

## Physicians in Writing

12 pm - 1 pm EDT

Hosted by GoodRx and Presented by Dr. Sarah Gupta. Dr. Gupta is a physician with a special interest in anxiety, depression, sleep, and the human microbiome. Dr. Gupta is board-certified by the American Board of Psychiatry and Neurology (ABPN) and has been a featured speaker, in addition to serving as a medical expert for a variety of media outlets.



# GoodRx

# Friday, Oct 8

## Get Comfortable: Gender Inclusion



2 pm - 3 pm EDT

Join our conversation with Ms. Tarena D. Williams about transgender healthcare. Ms. Williams is a transgender woman who knows firsthand how the transgender community can be discriminated against, unfairly perceived and the struggles when it comes to education, employment, housing and safety. She is using her life experiences to build this safe place where all the transgender men, women, boys and girls can be heard without yelling, understood without stigma and educated without barriers.



# Primary Care Facts



**Adults with a PCP have  
19% lower odds of  
premature death than  
those who only see  
specialists!**

**People who have a PCP  
save 33% on healthcare  
over their peers who  
only see specialists!**

**If everyone saw a  
PCP, the U.S. would  
save an estimated  
\$67 BILLION every  
year!**

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and activities every day!**

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