

American Medical Student Association

AMSA Academy

Trans Health Leadership Course (THLC)

Wednesday 6-8 PM EST

2018-19

Course Director: Masina Wright

Course E-mail: thlc@amsa.org

Grading: Pass/Fail (see below for Completion Requirements)

I. Course Description

Individuals who identify as transgender and/or who may be gender nonconforming in their gender expression within a particular society are at risk for numerous health disparities. These individuals are increasingly presenting in the healthcare setting, likely the result of the increased visibility of transgender individuals in the media and culture; however, physician training about gender identity and expression related phenomena in all humans is markedly lacking in medical schools. The healthcare system has yet to precisely define what it means to be a gender competent physician.

This course has been designed with the AAMC competencies specific to gender identity, sex anatomy, and sexual orientation in mind, and highlights curricular advances that have already been implemented in some medical health institutions globally.

This course is also designed with the intention to explore a diverse spectrum of gender and identity including non-binary gender and to strengthen how we as physicians can best support and maintain the health of our gender diverse patients and communities.

II. Course Objectives

By the end of this course, students will:

- Understand disparities, stigmas and bias experienced by gender nonconforming individuals
- Have a sense of gender, across the lifespan
- Know the multidisciplinary roles in gender affirming medicine and how it is changing
- Have a medical understanding of the current Standards of Care from the World Professional Association of Transgender Health (WPATH) including
 - Gender affirming mental health
 - Non medical interventions of gender dysphoria
 - Medical interventions for gender dysphoria and nonbinary care
 - Evidence based basics of patient care to promote positive health outcomes
 - Surgical interventions
- The System: health care, legal factors and community involvement

III. Format and Procedure

This is an online, webinar based program that will be held the first and second Wednesday of each month from 6:00-8:00 pm EST, October 2018 - April 2019. Attendance is the majority of the required work. We are fortunate to have leaders in the field at each session; therefore, please be respectful, prepared for each class if there is reading or journal assignments, be thoughtful with your questions, and timely in logging in each time.

There will be 3 journal assignments through the course, which are an opportunity to reflect on your own gender narrative, sexual and gender identity, and your own gender biases. These are pass/fail, and will be failed if they are not handed in*. Each journal entry has the opportunity to be private, or shared with the group, but must be turned in to the course director. One journal entry must be shared with the group*, and you will be required to read/comment on two of your peers entries as well.

(*In the name of privacy and trauma, if you write 3 journal assignment that you absolutely do not want to share with anyone, please email me confidentially and I will respect that.)

We will also do a trans knowledge questionnaire at the beginning, and again at the end of the session as an objective metric of knowledge gained/bias changed as a result of course attendance.

Logging in more than 20 minutes late will be considered absent, unless the course leader is notified in advance.

IV. Expectations of Scholars

- Respect that we all come from different backgrounds, no one person is right or wrong, and no one gender can be right or wrong either.
- Watch your self for medical voyerism in gender minority medicine.
- Try not to interrupt another scholar - write your questions down if needed.
- DO the reading.
- DO be self-reflective. I welcome this as an opportunity for us as medical scholars to practice a narrative medicine and learn from the inside out.
- Be present during the classes, as best you are able.

V. Completion Requirements for Certification (CONSISTENT ACROSS SP/LCs):

- Class attendance
 - *Domestic Students & International Students in the Caribbean and Americas:*
 - Must attend 80% of webinars
 - Can watch **up to two** recorded webinars and complete a reflection of the webinar to obtain make-up credit for attendance
 - Complete quizzes prior to and following each webinar
 - *International Students in Europe, Asia, Africa, and Australia*
 - Must watch 80% of recorded webinars 48 hours after the original session
 - Submit a SHORT reflection of the webinar to the Course Directors 72 hours after the original session
 - Complete quizzes prior to and following each webinar

- Participation policy
 - Must post to 80% of online discussion questions

VI. Inclusivity Statement

We understand that our members represent a rich variety of backgrounds and perspectives.

The American Medical Student Association (AMSA) Scholars Program is committed to providing an atmosphere for learning that respects diversity. While working together to build this community we ask all members to:

- share their unique experiences, values and beliefs
- be open to the views of others
- honor the uniqueness of their colleagues
- appreciate the opportunity that we have to learn from each other in this community
- value each other's opinions and communicate in a respectful manner
- keep confidential discussions that the community has of a personal (or professional) nature
- use this opportunity together to discuss ways in which we can create an inclusive environment in this course and within the AMSA community

VII. Course Schedule: (May change to accommodate guest presenters needs)

Date	Topic	Assignment Due
October 3, 2018	Introductions, troubleshooting	Trans Questionnaire
Oct 10, 2018	Gender and Sexual Identity - Global Perspectives	Journal Assignment 1
Nov 7, 2018	Exploring Gender Across the Lifespan	
Nov 14, 2018	No Class	
Dec 5, 2018	Multidisciplinary Roles in Gender Affirming Medicine - Who are the key players?	Journal Assignment 2
Dec 12, 2018	Standards of Care and EBM: Guidelines	Download/review SOC 7
Jan 2, 2019	Gender Affirmative Mental Health	
Jan 9, 2018	SOC: Overview of Non Medical Interventions for Gender Dysphoria	Review in SOC 7
Feb 6, 2019	SOC: Medical Interventions for Gender Dysphoria and NonBinary Care	UCSF Online Guidelines: http://transhealth.ucsf.edu/protocols
March 6, 2019	Basics of Patient Care to promote positive health outcomes	
March 13, 2018	Surgical Interventions for Gender Dysphoria and NonBinary Care	TBA - surgical review article
April 3, 2018	Birds Eye View: The System	Journal Assignment 3 Trans Questionnaire 2

