
**AMERICAN MEDICAL STUDENT ASSOCIATION
HOUSE OF DELEGATES 2016
RESOLUTION: C14**

INTRODUCED BY:	Aliye Runyan, MD, Graduate Trustee; Stefanie Smith, Premedical Trustee
SCHOOL:	Wayne State University/Detroit Medical Center
SUBJECT:	Principles Regarding Wellness of Medical Students and Housestaff
TYPE:	Resolution of Principles

1 WHEREAS issues regarding physician impairment falls under physician wellness;

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3 WHEREAS, physician impairment can be a consequence of burnout and lack of wellness programs

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5 WHEREAS, stigma around physician impairment should be a focus of wellness programs for physicians in training

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7 **THEREFORE BE IT RESOLVED** that the Principles Regarding Wellness of Medical Students and Housestaff (p. 71-
8 72) be AMENDED by addition to state:

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10 3. In regard to student health services and health insurance:

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13 k. RECOGNIZES that physician impairment is a serious problem requiring early intervention and prevention;
14 (1986) (2016)
- 15 l. SUPPORTS efforts by medical schools and residency training programs to develop confidential counseling
16 services outside of the training program; (1986) (2016)
- 17 m. URGES the establishment of confidential “Aid to Impaired Medical Students” programs in medical schools
18 according to AAMC chemical impairment guidelines, and believes that students have a critical role in their
19 development and subsequent functioning; (1986) (1990)
- 20 n. CONDEMNS elements of the medical education system which contribute to and foster impairment, and
21 URGES medical schools and training programs to decrease in-hospital time demands on physicians-in-
22 training, decrease the amount of time spent in activities of little to no educational value, and increase
23 scheduling flexibility; (1986) (2016)
- 24 o. SUPPORTS efforts undertaken by medical students, residents, medical schools and residency training
25 programs that underscore the importance of physician well-being and develop wellness programs aimed at
26 prevention of impairment and health promotion; (1986) (2016)
- 27 p. CONDEMNS discrimination by medical schools and residency programs of students or residents who are
28 recovering from impairment, and URGES effective advocacy for their reassimilation into the training process.
29 (1986) (2016)
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32 Fiscal note: None