

**AMERICAN MEDICAL STUDENT ASSOCIATION
HOUSE OF DELEGATES 2017
RESOLUTION: A4**

INTRODUCED BY: Fludiona Naka, Vice President for Internal Affairs

SCHOOL: University of Connecticut School of Medicine

SUBJECT: Principles Regarding Pediatric Obesity

TYPE: Resolution of Principles

1 WHEREAS approximately 17% of kids between the ages of 2-19 are considered obese; and,

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3 WHEREAS as high as 70% of obese youth grow up to be obese adults; and,

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5 WHEREAS obesity is related to cardiovascular disease, stroke, diabetes, etc.

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7 **THEREFORE BE IT RESOLVED** that the Principles Regarding Pediatric Obesity (p. 145) be
8 AMENDED BY ADDITION to state:

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10 The American Medical Student Association:

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12 5. In regards of prevention through school:

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14 a. **STRONGLY SUPPORTS** nutrition should be taught as part of a comprehensive school health
15 education program and essential education topics should be integrated into curriculum.

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17 b. **SUPPORTS** students having healthier food options to enhance the likelihood of adopting
18 healthful dietary practices.

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20 c. **SUPPORTS** public school education about the long-term health consequences and risks
21 associated with overweight and how to achieve and maintain a healthy weight.

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23 **d. SUPPORTS the creation of a local school wellness policy to promote student health and**
24 **reduce childhood obesity.**

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26 **e. SUPPORTS increasing the amount of time that students spend on physically active.**

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28 FISCAL NOTE: None

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30 REFERENCES

31 Ogden CL, Carroll MD, Fryar CD, Flegal KM. Prevalence of obesity among adults and youth:
32 United states, 2011-2014. *NCHS Data Brief*. 2015(219):1-8

33 Nicklas TA, Baranowski T, Cullen KW, Berenson G. Eating patterns, dietary quality and
34 obesity. *J Am Coll Nutr.* 2001;20(6):599-608