

# ANNUAL REPORT

2008–2009



AMERICAN MEDICAL STUDENT ASSOCIATION

1902 Association Drive, Reston, Virginia 20191-1502  
[www.amsa.org](http://www.amsa.org)

## LETTER FROM AMSA'S PRESIDENT

Brian Hurley, M.D., M.B.A.  
*National President, 2008–2009*



Dear AMSA members,

It's been a fabulous year to be a member of AMSA! I'm so proud to have stood alongside you as we fought for our profession, health care for all, global health equity, the enrichment of medicine through diversity, an education free of conflicts of interest, and for physician-in-training well-being.

The U.S. presidential election energized AMSA members from across the nation and the political spectrum. Because of the work of its members, AMSA continues to have an important seat at the political table and is recognized as a force for equity and justice in health care.

AMSA has partnered with the Committee of Interns and Residents (CIR) to support an additional year-long student fellowship: the AMSA-CIR Health Justice Fellow, who is dedicated to improving working conditions for physicians-in-training, enriching the primary care workforce, and advancing safety in medicine.

AMSA also made several strides with other important partners this year. AMSA, the Asian Pacific American Medical Student Association and the Student National Medical Association co-sponsored the Health Equity Leadership Institute. AMSA, the American Medical Association-Medical Student Section and the Texas Medical Association co-coordinated the medical student relief effort benefiting the University of Texas Medical Branch at Galveston following Hurricane Ike. AMSA also launched a scholarship program with MedIQ's USMLERx and co-coordinated the first-ever "Next Top Doc" quiz show with XM 160 ReachMD.

It has been an extraordinary honor to serve you this year as AMSA's national president. I'll never forget this opportunity I've had to serve the AMSA membership and participate in shaping the history of American medicine.

Sincerely,

A handwritten signature in black ink, appearing to read "B. Hurley". The signature is fluid and cursive, with a long horizontal stroke at the end.

### AMSA STRATEGIC PRIORITIES

- Quality, Affordable Health Care for All
- Global Health Justice
- Enriching Medicine Through Diversity
- Professional Integrity, Development and Student Well-being



#### MISSION STATEMENT

The American Medical Student Association is committed to improving health care and health care delivery to all people; promoting active improvement in medical education; involving its members in the social, moral and ethical obligations of the profession of medicine; assisting in understanding and addressing world health problems; contributing to the welfare of medical students, interns, residents and post-M.D./D.O. trainees; and advancing the profession of medicine.

[www.amsa.org](http://www.amsa.org)



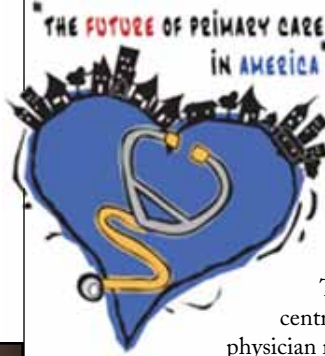
AMSA's 59th Annual Convention was held in Washington, D.C. Premedical and medical students, international medical students, residents and interns, physicians and other activists from across the country assembled for the five-day conference of innovative workshops and organizational policymaking relating to top health care issues.



Dr. Brian Hurley, far right, presents the 2009 Paul R. Wright Excellence in Medical Education Award to the AMSA chapter at the University of Connecticut School of Medicine.

## ACTION COMMITTEES, INTEREST GROUPS AND STEERING COMMITTEES

AMSA's action committees, interest groups and steering committees are "where the action's at." Collectively these groups envision, create and bring to life programming that advances AMSA's strategic priorities and galvanizes members' energy around emerging areas of focus.



The **Community and Environmental Health Action Committee** fights for healthy communities through education, policy change, and raising awareness on the medical school campus and beyond. This year's committee ran an institute on *Community and Public Health* and another on *Environmental Health Leadership*, as well as earning a substantial grant from the Robert Wood Johnson Foundation for *National Primary Care Week* and studying medical students' perceptions of primary care.

The **Culture of Medicine Action Committee**, in its inaugural year, centralized AMSA's work on issues related to professionalism, the patient-physician relationship, patient-centered medicine, ethical integrity and enhancing medicine's culture from within. This year's committee helped coordinate the *National PharmFree Week*, the *PharmFree Leadership Institute* and a new institute on *Patient Safety and Professionalism*.

The **Gender and Sexuality Committee** recognizes that discrimination based on gender and sexuality stems from common roots in sexism and heterosexism, and is dedicated to assuring equal access to medical care and equality within medical education. This year, as part of the Marriage Equality Campaign, the committee submitted an amicus brief to the California Supreme Court in opposition to Proposition 8, which limited marriage to opposite-sex couples. The committee also organized LGBT 101 presentations and donated rainbow caduceus pins to chapters for National Coming Out Day, and worked with Arthur Robinson Williams, a medical student at the University of Pennsylvania, to gain funding to distribute his booklets on transgender health to medical students. The first annual Pro-Choice Professional Student Leaders Summit was organized this year, bringing leaders from Medical Students for Choice, Nursing Students for Choice, Law Students for Reproductive Justice, and a new group of pro-choice pharmacy students to the AMSA National Office to discuss interdisciplinary work on reproductive rights. The committee's two leadership institutes, the Women's Empowerment Institute and the LGBT Leadership Summit, were a great success.



AMSA members joined hundreds of groups across the country to observe World AIDS Day on December 1, 2008. "It is a day on which we, as a global community, stand in solidarity to halt the devastating effects the pandemic has had on people, communities and nations," says Mary Carol Jennings, AMSA's Jack Rutledge legislative director.

The **Grass-roots Activism Team** teaches medical students to galvanize energy from their grass-roots base and provides tools for bringing people together around issues of awareness and action. This year's inaugural team helped develop an activism toolbox that serves as a comprehensive resource for organizing and executing strategic campaigns, chapter-based events and community-outreach projects.

The **Global Health Action Committee** works to educate, advocate and take action on the global health issues most relevant in today's global community. This year's committee created a regional *Access to Essential Medicines Symposium*, ran medical and premedical *Global Health Leadership Institutes*, and sponsored the *Microbicides Leadership Institute*.

The **Humanistic Medicine Action Committee** advocates for student well-being, promotes the arts in medicine, and seeks ways to enhance integrative, complementary and alternative medicine. This year's committee created numerous opportunities for members through the *National Circle of Healers Retreat*, the *Spirituality in Medicine Institute*, the *Humanistic Elective* in alternative medicine, *Activism and Reflective Transformation (HEART)*, the *HuMed Newsletter*, and the *Annual National Art Exhibit* at AMSA's Annual Convention.

The **Medical Education Team** empowers medical students to bring about changes in medical education at their home institutions and work toward curricular and cultural changes at a national level. This year, the committee ran an institute on curricular reform and another on enhancing medical education by *Training Tomorrow's Teachers Today*. The Medical Education Team also helped establish the *AMSA Academy* to guide and support AMSA's educational offerings.

The **Policy Action Committee's** major objectives are to train future physicians in health policy; create a network of local and national activists; and help premedical and medical students raise their collective voices in the fight for health policy reform. This year's committee supported political activism at the state and national levels, from a *California Lobby Day* to a *New Jersey Lobby Day* to multiple visits to Capitol Hill in D.C.

The **Premedical Team** translates the work of the various action committees to the lives and passions of premedical students with innovative events, institutes and projects that enrich the lives of AMSA's premeds. This year's inaugural team ran a *Premedical Leadership Institute*, a *Premedical Global Health Institute*, and numerous regional and local events.

The **Race, Ethnicity and Culture Action Committee** exists to promote and maintain the health of minority populations through advocacy and actions targeted at achieving health equity. Collaborating with the Student National Medical Association, the committee ran the first joint *Health Equity Leadership Institute*, which examined unconscious biases, social determinants of health, and ways to work with communities to promote microcosms of health equity.

The **Student Life Action Committee** serves as a student resource on all things pertaining to providing physicians-in-training with satisfying and successful medical student experiences. Members worked on projects relating to making medical school more affordable and enhancing student support structures at medical schools across the country ensuring satisfactory and private mental and physical health services as well as outlets for healthy expression and physical well-being.

**Interest Groups** are an opportunity for AMSA members with a shared focus to learn more about a subject and collaborate with those who share their interest and passion for a specific aspect of medicine. Interest groups include: Business & Medicine, Death & Dying, Direct Action, Mental Health, Military Medicine and Naturopathic Medicine. Those focused on a medical specialty are called specialty forums, which include: Child & Adolescent Health, Geriatrics, Neurology, Osteopathic Medicine, Primary Care, Preventive Medicine and Surgery.

## LOCAL PROJECT GRANTS PROGRAM

Since 1977, the *AMSA Local Project Grants Program* has provided funds to chapters to encourage the development of student-initiated projects that provide valuable learning experiences not available through formal medical education. During the 2008–2009 academic year, AMSA awarded more than \$20,000 to support a total of 113 inspiring medical and premedical chapter projects. Highlights include:

- The **University of Pennsylvania School of Medicine** chapter organized an educational documentary photography project on the health interests of the transgender and intersex community.
- The **University of Rochester School of Medicine** chapter created an integrative medicine lunchtime seminar series that provided “hands-on,” experiential instruction on the five domains of Complementary and Alternative Medicine.
- AMSA medical students from **Ben Gurion University** helped work with an Israeli Pregnant Refugee Support Group, teaching women from Ethiopia, Eritrea and Sudan about healthy pregnancies and leading classes on labor and delivery.
- The **University of Iowa** premedical chapter organized a field trip so that premedical students could learn about osteopathic medicine from medical students at Des Moines University College of Osteopathic Medicine.
- AMSA medical students from the **University of Illinois at Chicago College of Medicine at Urbana-Champaign** worked with the Hope Community Health Center to develop informational and instructional videos for community members seeking health services. The videos were made in English, Spanish, Chinese and Russian as a means to educate the local community about issues related to diabetes, hypertension, depression, alcohol and drug abuse, and domestic violence.

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*The New Physician (TNP)*, AMSA's award-winning magazine, covers the social, ethical, educational and political issues facing medical education and health care. The magazine is published nine times annually and provides readers with the information they want and need to know: applying and getting into residency, choosing a specialty, studying abroad, managing debt, understanding trends in medicine, working with new technologies, serving the needs of patients, taking care of themselves and much, much more. AMSA's official newsletter, *Focus*, is included in each issue. Visit TNP online at [www.amsa.org/tnp](http://www.amsa.org/tnp).



*AMSA members meet with mentors each and every day. AMSA members believe that health professionals and patients are partners in the management and maintenance of health, and that access to high-quality health care is a right and not a privilege.*



## FINANCIAL SUMMARY

(May 1, 2008, through April 30, 2009)

	American Medical Student Association	American Medical Student Association Foundation
<b>ASSETS</b>		
<b>Current Assets</b>		
Cash and Cash Equivalents	\$519,126	\$929,080
Accounts Receivable	205,169	53,629
Due to/from AMSA	(210,509)	210,509
Prepaid Expenses	17,718	5,500
<b>Total Current Assets</b>	<b>531,504</b>	<b>1,198,718</b>
<b>PROPERTY AND EQUIPMENT—AT COST</b>		
Land	829,775	56,000
Buildings	1,652,208	173,460
Office Equipment	247,200	52,782
Furniture and Equipment	542,941	133,034
Building improvements	611,526	15,018
	3,883,650	430,294
Less accumulated depreciation	(1,436,191)	(251,928)
Property and Equipment—Net	2,447,459	178,366
<b>OTHER ASSETS</b>		
Investments	1,457,393	170,035
<b>Total Assets</b>	<b>\$4,436,356</b>	<b>\$1,547,119</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Current Liabilities</b>		
Accounts payable and accrued expenses	\$486,211	\$43,141
Deferred revenue	454,954	49,866
<b>Total Current Liabilities</b>	<b>941,165</b>	<b>93,007</b>
<b>Long-Term Liabilities</b>		
Deferred revenue	333,009	—
Retirement separation	257,716	230,238
Deposits	5,000	—
Total Long-Term Liabilities	595,725	230,238
Total Liabilities	1,536,890	323,245
<b>Net Assets-Unrestricted</b>	<b>2,899,466</b>	<b>1,223,874</b>
<b>Total Liabilities and Net Assets</b>	<b>\$4,436,356</b>	<b>\$1,547,119</b>

## STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS

(May 1, 2008, through April 30, 2009)

	American Medical Student Association	American Medical Student Association Foundation
<b>REVENUE</b>		
Royalties	\$1,280,990	\$ —
Grants and contracts	—	324,898
Contributions	—	34,394
Advertising	393,492	—
Member dues	732,252	—
Convention, exhibits and workshops	378,022	—
Rental income	35,000	—
Sale of publications and subscriptions	27,457	—
Mailing list sales	19,303	—
Investment Income (loss)	(74,532)	(10,025)
Miscellaneous	264,246	1,217
Net assets released from restriction	(87,735)	—
<b>Total Revenue</b>	<b>2,968,495</b>	<b>350,484</b>
<b>EXPENSES</b>		
<b>Program Services</b>		
Governance, advocacy, standing committees, and action groups	600,441	—
Membership	660,741	—
Contracts and grants	—	176,717
<i>The New Physician</i>	774,407	—
Meetings and conferences	335,843	—
<b>Total Program Services</b>	<b>2,371,432</b>	<b>176,717</b>
<b>Supporting Services</b>		
Management and general	687,059	314,069
Bid and proposal	—	2,614
Membership development	151,451	—
<b>Total Supporting Services</b>	<b>838,510</b>	<b>316,683</b>
<b>Total Expenses</b>	<b>3,209,942</b>	<b>493,400</b>
<b>Changes in Unrestricted Net Assets</b>	<b>(241,447)</b>	<b>(142,916)</b>
<b>Changes in Temporarily Restricted Net Assets</b>		
Contributions	87,735	—
Net assets released from restriction	(87,735)	—
<b>Changes in Temporarily Restricted Net Assets</b>	<b>—</b>	<b>—</b>
<b>Changes in Net Assets</b>	<b>(241,447)</b>	<b>(142,916)</b>
<b>Net Assets—beginning of year</b>	<b>3,140,913</b>	<b>1,366,790</b>
<b>Net Assets—end of year</b>	<b>\$2,899,466</b>	<b>1,223,874</b>

The financial statements above reflect revenues and expenses for the past fiscal year (May 1, 2008–April 30, 2009). Expenses are categorized by major program functions and are based on the data presented in our year-end financial statements.



## AMERICAN MEDICAL STUDENT ASSOCIATION

	Budget FY09	Actual FY09	Budget FY10
<b>INCOME</b>			
Royalties	\$ 1,304,000	\$ 1,280,990	\$ 1,357,400
Advertising	460,000	393,492	458,400
Convention/Pre-convention	431,900	347,497	469,945
Membership Dues	326,550	366,126	333,825
Corporate/Other Income	148,500	138,245	271,600
TNP—Dues Allocation, Subscriptions and Other Income	334,550	372,164	361,825
Membership—Other Income	92,500	21,682	11,200
AMSA Resource Center/Publication Sales	15,000	17,774	16,000
AMSA Chapter Officers' Conference	31,450	30,525	26,200
<b>Total Revenue</b>	<b>\$ 3,144,450</b>	<b>\$ 2,968,495</b>	<b>\$ 3,306,395</b>
<b>EXPENSES</b>			
Board of Trustees	\$50,380	\$46,562	\$30,360
President Salary, Fringe and Related Expenses	61,076	60,148	61,325
Jack Rutledge Fellowship/Jack Rutledge Legislative Dir	65,308	66,905	74,257
Director of Student Programming	58,226	55,907	58,355
Health Justice Fellow	—	—	77,000
Regional Directors Travel	5,000	7,575	7,200
Regional Directors Conferences	4,500	4,195	11,150
Region I Trustee	2,600	1,580	2,700
Region II Trustee	3,200	3,288	3,400
Region III Trustee	3,000	1,646	3,200
Region IV Trustee	2,300	1,838	2,400
Region V Trustee	2,400	2,210	2,500
Region VI Trustee	2,600	4,290	2,700
Region VII Trustee	2,600	2,944	2,700
Region VIII Trustee	3,000	3,027	3,200
Region IX Trustee	2,600	1,076	2,700
Region X Trustee	4,600	4,663	4,800
International Medical Trustee	1,000	2,890	11,050
Premed Trustee	18,600	14,453	25,675
TNP Student Editor	500	391	—
Editorial Advisory Board	—	—	2,325
Bin Mail	300	—	—
AMSA Academy	—	5,868	50,400
IFMSA	5,000	35,400	25,700
Action Committees	118,293	119,580	101,350
Chapter Officers' Conference	91,430	91,633	94,932
Partner Organization Exhibit Hall Fees	500	1,300	—
AMSA Online Store*	9,220	9,206	16,000
Membership Fund*	25,000	51,866	131,060
Additional National Office Expenses	2,594,953	2,609,501	2,769,452
<b>Total Expenses</b>	<b>3,138,186</b>	<b>3,209,942</b>	<b>3,566,741</b>
<b>Total Income</b>	<b>3,142,450</b>	<b>2,968,495</b>	<b>3,306,395</b>
<b>Change in Net Assets</b>	<b>\$ 4,264</b>	<b>\$ (241,447)</b>	<b>\$ (260,346)</b>

\* part of National Office budget