

Identifying Innovation in Primary Care Residencies: A Guide for Medical Students

This Toolkit is presented as a basis for ideas but should certainly be tailored to your institution; contact the AMSA-PCP NPCW field team at aaron.cook@primarycareprogress.org for help adapting this to your school.

Title: Identifying Innovation in Primary Care Residencies: A Guide for Medical Students

Format: Workshop

Target audience: third and fourth year medical students, primary care/faculty mentors

Target Audience size: 3-20 medical students, 0-2 mentors

Duration of event: 70 minutes

Short description: This toolkit prepares a student-facilitator to discuss residency training and the various types of programs offered within a primary care specialty such as family medicine, internal medicine, or pediatrics. Innovative topics of interest within each specialty are identified, as well as topics of interest in residency training in general. A student-facilitator is encouraged to lead a workshop with students preparing to apply to this residency, to develop the group's own set of criteria, and to identify the group's own set of innovative residency programs according to their priorities.

Anticipated budget: \$50-150 for food, \$10-25 for flyers advertising the event and handouts

Learning objectives:

After this event, participants will be able to:

1. Consider important experiences in primary care residency training, including both innovative topics and basic essentials.
2. Develop a set of criteria for evaluating the strength of a residency program as per one's own training priorities.
3. Identify a group of programs which one considers to be "best fits" as per his/her identified criteria.

Challenges to primary care that it targets/benefits: Participation in this workshop will empower students to seek primary care residency programs which fit their individual needs. With a greater sense of individualized discriminatory criteria, students will be able to ask more poignant questions of residency program directors during their residency application process, and enact improvements in their own residency programs once they have reached resident-status.

Format of event (breakdown by time and activity):

0:00-0:10

- Event leaders introduce themselves
- Event leaders put the event into context of National Primary Care Week and its theme, "Innovations in Primary Care"
- Event leaders explain the format of the event

0:10-0:20

- Event leaders make short presentation highlighting points of interest in residency training requirements and giving examples of innovations in each specialty's residency training programs (this workshop can focus on one primary care specialty or all of them!)

0:20-0:50

- Event leaders coordinate breakout into small groups, 2-4 students per group, based on initial common interests (ie "Family Medicine", "Pediatrics", and "Internal Medicine"; or, if session is made up of students all interested in one specialty, topics of interest could include "International Opportunities", "Participation in X Residency Innovation")
- Groups discuss and come up with a list of priorities in their ideal residency program
 - Examples: # of residents in program, community vs academic, opposed vs unopposed, focus on a specific topic of interest (ie International Health or Community Engagement), required rotations in specific disciplines (ie # of OB/GYN rotations in a Family Medicine program)

0:50-1:00

- Event leaders coordinate everyone coming together to the big group
- Each group presents their list of priorities

1:00-1:10

- Event leaders facilitate large group discussion about common themes that might have come up.
- Event leaders facilitate discussion/present on potential next steps (ie, participants identify 3-5 residency programs which fit their criteria and share this list with their group)
- Event leaders thank everyone for their time and discuss other NPCW events going on at their school
- Sign-up sheet if participants want to do a formal follow-up

Prep work for event:

The PCP-AMSA NPCW field team can help with any of these steps. Contact aaron.cook@primarycareprogress.org for more information.

- 3 or 4 weeks until event:
 - Discuss workshop idea with classmates
 - Ensure that there is enough interest
 - Build event leadership team
 - Decide which groups will be targeted for advertising
 - Familiarize oneself with residency basics and innovations (see Specialty-Specific Resources section at the end of this tool-kit)
- 3 weeks until event:
 - Advertise event and estimate approximate # of participants
 - Reserve location (and pre-order food, if being provided; may need to do this earlier, depending on your school)
 - Create a summary document or Powerpoint displaying points of interest from your resources (will use this during your session)
 - Seek faculty guidance: explain the workshop goals and invite faculty to event
- 2 weeks until event:
 - Finalize RSVP list
 - Make one's own list of priorities and identify 3-5 programs of interest (consider sharing one's own list of priorities and programs of interest with classmates during the session)
- 1 week until event:
 - Send articles and/or summary document to event attendees (optional)
 - Finalize event location (ie A/V equipment if needed) and food

- 3 days until event:
 - Email reminder to event participants
- Event day: Rock it!

Promotion for event:

- Flyers in classes
- Email blasts
- Ask faculty to include a slide promoting the event before lectures
- Ask your friends to tell their friends, to tell their friends...
- Facebook event page
- Twitter

How to involve other constituents:

- Invite specialty-specific faculty mentors and school career counselors to the event
- Contact head of specialty-specific interest groups to invite to participate

Potential post-event activities:

- Create a database of innovative residency programs
- Plan additional get-togethers for students to discuss priorities and top-ranked programs (one's interests/priorities may change during this process!)
- Organize a panel of current residents, recent grads, and/or program directors

Evaluation:

- If you are receiving funding from AMSA or PCP, contact them to find out what evaluation guidelines will be for this event.
- Potential evaluation questions to handout to participants are:
 - Do you feel like you have a better understanding of what to look for in residency programs that prioritize innovations? (Not at all, a little bit, very much)
 - Do you feel like you have a better understanding of what you are looking for in a residency program? (Not at all, a little bit, very much)
 - Do you feel more connected to other students interested in primary care? (Not at all, a little bit, very much)

Specialty-Specific Resources:

Family Medicine:

Residency training requirements (from ACGME website):

http://www.acgme.org/acWebsite/downloads/RRC_progReq/120pr07012007.pdf

General information:

- Virtual Family Medicine Interest Group: Research & Select Residencies:
<http://fmignet.aafp.org/online/fmig/index/residency/research.html>

Innovative residency initiative: P4: Preparing the Personal Physician for Practice

- David, AK. Preparing the personal physician for practice (P4): Residency training in family medicine for the future. JABFM 2007; 20:332-341

Additional resources:

- American Academy of Family Physicians: <http://www.aafp.org/online/en/home.html>
- American Board of Family Medicine: <https://www.theabfm.org/index.aspx>
- Association of Family Medicine Residency Directors: <http://www.afmrd.org/i4a/pages/index.cfm?pageid=1>
- Family Medicine Residency Rater for the iPhone: <http://www.fammed.wisc.edu/residency-rater-iphone>
- TransformMED P4 Homepage: <http://www.transformed.com/p4.cfm>

Internal Medicine:

Residency training requirements (from ACGME website):
http://www.acgme.org/acWebsite/downloads/RRC_progReq/140_internal_medicine_07012009.pdf

General Information:

- American College of Physicians: Medical Student Website (requires ACP student membership)

Innovative residency initiative: Internal Medicine Primary Care Tracks

Additional resources:

- American Board of Internal Medicine: <http://www.abim.org/>
- American College of Physicians: <http://www.acponline.org/>
- Association of Program Directors in Internal Medicine: <http://www.im.org/About/AllianceSites/APDIM/Pages/Default.aspx>
- Society for General Internal Medicine: <http://www.sgim.org/index.cfm>

Pediatrics:

Residency training requirements (from ACGME website):
http://www.acgme.org/acWebsite/downloads/RRC_progReq/320_pediatrics_07012007.pdf

General information:

- Pediatrics 101: A Resource Guide from the American Academy of Pediatrics: http://www.aap.org/sections/ypn/ms/ped_career/index.html

Innovative residency initiative: Residency Review and Redesign in Pediatrics Project (R3P)

- Jones, MD. Innovation in residency education and evolving pediatric health needs. *Pediatrics* 2010; 125(1):1-3

Additional Resources:

- American Academy of Pediatrics: <http://www.aap.org/>
- American Board of Pediatrics: <https://www.abp.org/ABPWebStatic/?anticache=0.6038029254414141>

National Primary Care Week Toolkit

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Brought to you by the PCP-AMSA NPCW Visionary Team

For questions, please email ceh.education@amsa.org or susan.putnins@primarycareprogress.org

- Association of Pediatric Program Directors:
<http://www.appd.org/home/index.cfm?CFID=402625&CFTOKEN=17948076>
- R3P homepage: http://www.innovationlabs.com/r3p_public/