



# EMPOWERING FUTURE PHYSICIANS CONFERENCE



*designed by the*  
**American Medical  
Student Association**

**October 14-16, 2011**

Johns Hopkins University School of Medicine  
Baltimore, MD

Pre-conference symposia:  
Global Health  
Women's Empowerment



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# Welcome

Welcome to Baltimore and the first of our two incredible conferences of the year! One of the most enjoyable aspects of my job is the chance to meet you, learn about your needs and desires as up-and-coming physician leaders, watch you learn, teach and be inspired -- all while having a blast through AMSA. This will be one of the most difficult and stressful, yet memorable and formative times of your life. I encourage you to take full advantage of the many opportunities AMSA offers -- including your time at the conference this weekend -- to make valuable lifelong connections, support and encourage one another, develop into passionate and provocative advocates, and uniquely advance your medical education. We have assembled a remarkable lineup for this conference that includes motivating guest speakers and panelists, an exclusive program track for our important premedical students, focus area intensives and plenty of fun for everyone. Thank you for allowing AMSA the privilege of helping you along your way to a successful and thriving career. Here's to your bright future!

**Carol Williams-Nickelson, Psy.D.**  
Executive Director, AMSA and AMSA Foundation

Welcome to the national launch of the Empowering Future Physicians Conferences designed by the American Medical Student Association! This is an exciting time to be an AMSA member as our organization only continues to expand; every year offering more robust programming and opportunities than the last. For our seasoned members it is great to have you with us again and for those new to the AMSA family welcome to THE home for future physicians in training. This weekend I am confident you'll be inspired, gain knowledge, expand your network and of course have a ton of fun in the process!

**Danielle Salovich, M.D.**  
National President, AMSA

Welcome to the Empowering Future Physicians Conference at The Johns Hopkins University School of Medicine! This weekend will surely be one to remember - from the inspiring speakers to the thought-provoking discussions, from the friendships we will foster to the connections we will make, we hope that this conference will provide an opportunity to not only learn from others in the medical field but also one where we can grow as intelligent, caring, and passionate future physicians. We thank AMSA National for providing the incredible opportunity for us to showcase Hopkins and Baltimore to the AMSA community and bring together some of the best and brightest minds on our campus. We look forward to meeting each and every one of you and we hope you enjoy your stay!

**Mimmie Kwong**, MS-II, Internal President  
**Sean Chen**, MS-II, External President  
**Andrea Jones**, MS-II, Vice President of Finance  
**Thomas Rappold**, MS-II, Vice President of Communications and PR

# THE new PHYSICIAN

AMERICAN MEDICAL STUDENT ASSOCIATION

## We need your help.

*The New Physician* is looking for four AMSA members\* to serve on our **Editorial Advisory Board** and one to serve as our **Student Editor**.

Our advisers help staff plan strong magazine stories for our readers and have other opportunities to contribute. The Student Editor is also a voting member of AMSA's Board of Trustees.

For both positions, magazine or other journalism experience is preferred, but not required. **All applicants** must be willing to commit to monthly conference calls and collaborative activities throughout the year.

**Candidates for Student Editor** must be able to travel, expenses paid, to in-person meetings of the Board of Trustees and AMSA's annual convention in March 2013. The Student Editor must also participate in monthly Board of Trustees conference calls. Selected applicants will serve from May 1, 2012, until April 30, 2013.

To apply, e-mail your résumé and cover letter to [tnp@amsa.org](mailto:tnp@amsa.org). Applications are due **Dec. 11, 2011**. Please indicate in your cover letter which positions you are applying for.

If you have any questions, e-mail [tnp@amsa.org](mailto:tnp@amsa.org)!

\**TNP* subscribers are also welcome to apply for Editorial Advisory Board positions.



**7:00am – 8:00am**

## **Symposia Registration**

*Armstrong Medical Education Building, Lobby*

**8:00am – 5:00pm**

## **Women's Empowerment Symposium**

*Cancer Research Building, Room 111 (8am-11am) & Armstrong Medical Education Building, West Strauch Auditorium (11am-5pm)*

## **Global Health Symposium**

*Armstrong Medical Education Building, Room 402*

**5:00pm – 7:00pm**

## **Conference Registration**

*Armstrong Medical Education Building, Lobby*

## **Meet and Greet & Good Eats**

*Armstrong Medical Education Building, 2nd Floor Atrium*  
Conference and symposia attendees welcome!

## **Transportation Information**

**\*\*We strongly encourage all attendees to allow extra travel time on Saturday. The Baltimore Running Festival is holding a full and half marathon, 5K and other events near the Inner Harbor and Johns Hopkins University.\*\***

The Johns Hopkins SOM conference coordinators strongly recommend that all attendees and speakers arrive via the metro due to the increased Baltimore marathon traffic. Although there is parking on the medical campus, there will likely be heavy traffic and many road closures especially for those coming from the south. The roads will only begin to open after the last runner reaches each check point.

There is one metro line that runs through Baltimore--Johns Hopkins is at the end of the line. <http://mta.maryland.gov/metro-subway>.

The Charles Center Metro stop is on Charles St. and Baltimore St. Depending on where you are staying, this will likely be the closest Metro stop.

Get off at the Johns Hopkins Metro stop (the last stop) and head North on Broadway for about a block to reach the Broadway Research Building (733 North Broadway) or down the brick slope towards McElderry to reach the Armstrong Medical Education Building.

The Charm City Circulator will be running and it's free. However, the congestion on the roads will likely slow down its routes. The Green Route goes to and from Johns Hopkins University. There are many stops so please visit [www.charmcitycirculator.com](http://www.charmcitycirculator.com) for more information.

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**Saturday, October 15**

**8:30am Official Start Time**

**Baltimore Running Festival 5K**

You must have registered in advance AND picked up your race package by Friday, October 14 in order to participate in the 5K. Good luck Team AMSA! For race information including start times, locations, etc., visit [www.thebaltimoremarathon.com](http://www.thebaltimoremarathon.com).

**10:00am – 2:00pm**

**Conference Registration**

*Armstrong Medical Education Building, Lobby*

**11:00am – 12:15pm**

**From Wilderness to Disaster: Pathways in Emergency Medicine**

*Armstrong Medical Education Building, West Strauch Auditorium*

**Christina L. Catlett, M.D., F.A.C.E.P.**

Associate Director, Johns Hopkins Office of Critical Event Preparedness and Response; Assistant Professor, Johns Hopkins Department of Emergency Medicine

A career in emergency medicine (EM) is exciting and rewarding on a daily basis. Adventurous EM physicians can expand their practice even further, beyond the walls of the emergency department. Dr. Christina Catlett, an emergency medicine physician at Johns Hopkins Hospital in Baltimore, Maryland, has built a career in the practice of “austere medicine,” which includes disaster medicine and wilderness medicine.

**Educating for Advocacy: the Role of Narrative Medicine**

*Armstrong Medical Education Building, Room 402*

**Marsha Hurst, Ph.D.**

Faculty, Narrative Medicine, Columbia University

Narrative medicine is included in medical education today as a means of teaching physicians to attend to the stories of others with the goal of providing better care. Achieving narrative competence, however, also enables physicians to learn from the individual patient and provider stories how to become advocates for larger changes in health care. This session will use narratives in different media to engage participants in understanding the concepts and tools of narrative medicine. The goal of the session is to show, through active involvement of attendees, how these tools can teach and enable advocacy in medical education.

# Saturday, October 15

## **The Dos and Don'ts of Medical School**

*Armstrong Medical Education Building, East Strauch Auditorium*

**Jeff Koetje, M.D.**

Assistant Director of Pre-Health Programs, Kaplan Test Prep

Learn how to successfully navigate the admissions process, avoid applicants' biggest mistakes, and ensure your application is noticed.

**12:00pm – 5:00pm**

### **Exhibit Tabling**

*Armstrong Medical Education Building, 2nd Floor Atrium*

**12:15pm – 1:45pm**

### **Lunch**

*Armstrong Medical Education Building, Lobby*

**1:45pm – 3:15pm**

## **Medical Students, Improvement Science and the Future of Health Care**

*Armstrong Medical Education Building, Strauch Auditorium*

**Peter Pronovost, M.D., Ph.D., F.C.C.M.**



Preventable harm is a leading cause of death. Progress has been slow and arduous. In part this is because of underdeveloped improvement science and a limited number of clinicians trained to do this work. Come hear how the use of improvement science saved lives and how medical students need to obtain skills to lead improvement efforts.

Peter Pronovost, M.D., Ph.D., is a practicing anesthesiologist and critical care physician at Johns Hopkins Hospital in Baltimore, Maryland. He is a professor at Johns Hopkins University School of Medicine in the departments of anesthesiology and critical care medicine and

surgery, professor of health policy and management at Johns Hopkins Bloomberg School of Public Health, and is dedicated to finding ways to make hospitals and health care safer for patients. Further, Pronovost is senior vice president for Patient Safety and Quality and director of the Armstrong Institute for Patient Safety and Quality, Johns Hopkins Medicine.

Having developed a scientifically proven method for reducing the deadly infections associated with central line catheters, Pronovost's

simple but effective checklist protocol virtually eliminated these infections, saving 1,500 lives and \$100 million annually across the state of Michigan. The checklist protocol is now being implemented across the United States, state by state, and helped reduce these infections by 60 percent. Several other countries are also implementing the program.

Pronovost has chronicled his work helping improve patient safety in his new book, *Safe Patients, Smart Hospitals: How One Doctor's Checklist Can Help Us Change Health Care from the Inside Out*. In addition, he has also published more than 400 articles related to patient safety and the measurement and evaluation of safety efforts. He serves in an advisory capacity to the World Health Organization's World Alliance for Patient Safety.

The winner of several national awards, including the 2004 John Eisenberg Patient Safety Research Award and a coveted MacArthur Fellowship in 2008, known popularly as the "genius grant," Pronovost was named by Time magazine as one of the 100 "most influential people" in the world for his work in patient safety.

Pronovost regularly addresses Congress on the importance of patient safety, prompting a report by the U.S. House of Representatives' Committee on Oversight and Government Reform strongly endorsing his ICU infection prevention program.

**3:30pm – 4:15pm**

## **Medicine, Work-Life Balance, and the Radical Notion That Doctors Are People Too**

*Armstrong Medical Education Building, West Strauch Auditorium*

**Michelle Au, M.D.**

Dr. Au will cover the issue of work-life balance and the challenges unique to doctors, particularly in the context of the traditional ethos of medicine and how to reconcile historical precedent with reality.

For the past decade, since she was a second-year medical student, she has been writing online about her life in medicine as well as her life outside it, and her blog "The Underwear Drawer" is one of the oldest and best-known medical blogs on the Internet. In addition to her writing, she is also known for her medical comic strip series, "Scutmonkey," which details both the lighter side and dark humor of the modern medical education process.

# Saturday, October 15

## **Global Challenges: Navigating Ethical Issues in Short-term Missions**

*Armstrong Medical Education Building, East Strauch Auditorium*

**Kaveh Khoshnood, Ph.D., M.P.H.**

Associate Professor in Public Health Practice, Division of Epidemiology of Microbial Diseases, Yale School of Public Health

**Mei Elansary, MS-IV, M.Phil**

Yale University School of Medicine

In recent years, increasing numbers of U.S.-based health professions students have traveled to low-resource settings to conduct short-term research projects. Often, pre-departure training is inadequate, leaving students unprepared for the ethical challenges posed by these experiences. This presentation explores the ethical challenges posed by U.S.-based students' research experiences through a series of case studies based on the experiences of the student authors. Specific recommendations are proposed for students, faculty and school administrators to ensure that research experiences in low-resource settings are both ethical and equitable.

## **Healing Ways: a Look at Integrative Medicine**

*Armstrong Medical Education Building, Room 402*

**Lauren B. Richter, D.O.**, accumulated 20 years of experience in mainstream medical practices in Pennsylvania and Maryland. Then, a successful, personal battle with cancer changed her professional life. After finding that acupuncture restored the energy that cancer treatments took from her, Richter chose to attend Tai Sophia Institute in Laurel, Maryland. She graduated with a Master of Acupuncture in 2004 and now is on the teaching staff at the institute. She recently joined the Center for Integrative Medicine, where she will be practicing family medicine.

**Donielle Wilson, N.D.**, is a naturopathic doctor specializing in food intolerances, neurotransmitters and adrenal exhaustion. Wilson received her doctorate in naturopathic medicine and a certificate in midwifery from Bastyr University in 2000. Her passion is to help people optimize their health by identifying the impact of stress on the body and using natural therapies to heal. Wilson sees patients in Manhattan; Port Jefferson, New York; and Stamford, Connecticut. Find out more at [www.doctordoni.com](http://www.doctordoni.com).

**Rachel M. Anderson, N.D.**, is a Washington state-licensed naturopathic physician practicing as a consultant in complementary and alternative medicine in Annapolis, Maryland. Anderson completed her

Doctor of Naturopathic Medicine degree at Bastyr University in Seattle, Washington, and her B.S. in biological psychology at the College of William and Mary in Williamsburg, Virginia. Anderson's focus is working with patients who have conditions that can be difficult to treat within the conventional medical model, including autoimmune diseases, chronic fatigue, fibromyalgia, multiple chemical sensitivities, women's health issues and digestive disorders. Anderson uses a variety of clinical tools in her practice including nutrition, lifestyle counseling, botanical medicine and homeopathy. In addition to her naturopathic practice, Anderson is currently pursuing a Master of Acupuncture degree at Tai Sophia Institute in Laurel, Maryland.

**Veronica Hayduk, N.D.**, has advanced training in environmental microbiology and cell biology and was an intern at the National Institutes of Health in the biopsychology and neuroendocrinology research department. While at Southwest College, Hayduk trained at the Cancer Treatment Centers of America, where health care providers use a patient-specific blend of allopathic and complementary medicines to treat cancer patients. Dr. Hayduk spends much time in licensing efforts for naturopathic physicians. She also operates a patient-direct apothecary, so her patients are assured that only the very best is shipped to them.

## **4:15pm – 4:45pm**

### **Afternoon Break & Sweet Treat**

*Armstrong Medical Education Building, Lobby*

## **4:45pm – 6:00pm**

### **End of Life: the Importance of Palliative Care**

*Armstrong Medical Education Building, Room 402*

#### **Paul L. Rozynes, M.D.**

This lecture will define hospice and palliative care and show how a hospice program is structured to provide optimum end-of-life patient care. Dr. Rozynes will discuss how hospice can be used in private practice to improve the quality of life for both the patient and family. Admission criteria, comfort medication, diagnostic studies and procedures appropriate to care for a patient in the late stages of an illness will be explained. You will learn the vital role a physician has in breaking bad news and guiding a patient to make his or her choice of treatment. You will find that the hospice physician works with an interdisciplinary team composed of nurses, social workers and chaplains to provide care at the patient's home with his or her family. This is a rapidly growing field of medicine that has long been neglected in our teaching institutions. The AMSA-Vitas End-of-Life



## Show off your Research!

Abstracts for the Annual Convention Poster Session are due by November 1, 2011! Prizes and recognition for your work. Don't delay. Send in your Abstracts today!



Go to:

[www.amsa.org/conv/poster](http://www.amsa.org/conv/poster)  
for submission guidelines and registration.

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Program in Ft. Lauderdale has given an opportunity for interested students to observe and learn about hospice and palliative care.

## **Millennium Villages Project: Reaching MDGs in Extreme Poverty Settings**

*Armstrong Medical Education Building, East Strauch Auditorium*

**Sonia Ehrlich Sachs, M.D., M.P.H.**

Dr. Sonia Ehrlich Sachs will discuss the Millennium Villages Project as a model for addressing extreme poverty in low income settings and reaching the Millennium Development Goals. The Millennium Villages Project, mostly in sub-Saharan Africa, is an integrated rural development initiative, a proof of concept that extremely poor rural communities can reach the Millennium Development Goals within a few years given a science-based, community led investment in an integrated package of interventions that increases food production, access to health care, education, water, infrastructure and business development.

## **Empowering Future Physicians to Change the Food System**

*Armstrong Medical Education Building, West Strauch Auditorium*

**David Wallinga, M.D., M.P.A.**

Chronic disease drives morbidity, death and healthcare costs. Four of the top six causes of death are related to the dysfunctional American diet, and its resultant obesity – stroke, heart disease, cancer and diabetes. Patients didn't suddenly decide to eat their way to an early grave. Public health research now suggests an unhealthy food system is a prime -- and preventable -- driver of American's poor health. This session gives a systems framework for understanding problems of unhealthy eating in the population, and the basis of much chronic disease. As with the fight to change the environment around tobacco use, physicians are becoming involved with creating healthier food environments at several levels: at the level of individual patients, in their communities, and through federal policies, like the Farm Bill. Food systems advocacy may very well become a critical component of physician advocacy overall. Participants will be introduced to the UCSF Food Matters curriculum and to the Charter for a Healthy Farm Bill.

**6:00pm – 7:30pm**

**Happy Hour** (non-alcoholic beverages and light fare)

*Armstrong Medical Education Building, Lobby and 2nd Floor Atrium*

**Saturday, October 15**

**7:30pm - 10:00pm**

**Global Health Mixer**

Are you an expert on global HIV/AIDS, aspiring to work abroad, or just interested in learning more about a hot topic in health? Come share drinks, food, and conversation with like-minded physicians and meet AMSA's future physician-leaders in global health. All are welcome!

The Dizz  
300 W 30th St  
Baltimore, MD 21211  
[www.thedizzbaltimore.com](http://www.thedizzbaltimore.com)

**8:00 p.m. - ???**

**Inner Harbor District Bar Hop**

Hosted by the Johns Hopkins University School of Medicine AMSA Chapter

Would you like to explore Baltimore Inner Harbor's nightlife and have a good time hanging out with friends and soon-to-be-friends? Join us! The night will begin at Power Plant Live! and move on from there.

Power Plant Live!  
34 Market Place  
Baltimore, MD 21202



**#EFPC11**  
**Conference Hashtag**

**AIDS Advocacy Network**  
[www.amsa.org/aan](http://www.amsa.org/aan)

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**Boston Medical Center**  
[www.bmc.org](http://www.bmc.org)

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International**  
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**National College of Natural  
Medicine**  
[www.ncnm.edu](http://www.ncnm.edu)

**North Shore-LIJ Medical System**  
[medicine.hofstra.edu](http://medicine.hofstra.edu)

**PASS Program**  
[www.passprogram.net](http://www.passprogram.net)

**PharmFree**  
[www.amsa.org/pharmfree](http://www.amsa.org/pharmfree)

**Society for Vascular Surgery**  
[www.vascularweb.org](http://www.vascularweb.org)

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Child Family Health International (CFHI) offers 4-16 week Global Health Education Programs running year round. CFHI participants are placed in underserved communities alongside local physicians. Participants rotate through local clinics and hospitals, attend medical lectures, and become immersed in the healthcare system of the community.



CFHI is an NGO in Special Consultative Status with the ECOSOC of the United Nations.

Connect to CFHI: [students@cfhi.org](mailto:students@cfhi.org), 415-957-9000



**8:00am – 9:00am**

**Continental Breakfast**

*Armstrong Medical Education Building, Lobby*

**9:00am – 10:15am**

**Medical Malpractice Coverage: The Four Key Things You Need to Know**

*Armstrong Medical Education Building, West Strauch Auditorium*

**Nancy Stahulak**

VP Marketing, Medical Protective

As important as medical malpractice insurance is to healthcare providers, most medical students will finish their training with little to no knowledge on the subject. A recent study from the American Medical Association shows that one in eight healthcare providers will be involved in a medical malpractice suit this year and one in four will be sued in the next five years. And while it may seem trivial now, it is essential for you to spend the time to become educated on this topic before entering private practice, rather than finding out after a claim is filed that there is limited coverage, no control over settlement decisions, or worse, no coverage at all. In this highly informative and practical session you will learn the four key things you need to know about medical malpractice insurance and how to obtain coverage once you start private practice. To learn more about Medical Protective, visit their website at [www.medpro.com](http://www.medpro.com).

**Patients Before Profits: Front Line on PharmFree**

*Armstrong Medical Education Building, Room 402*

FDA, Division of Drug, Marketing, Advertising and Communications

**Quynh-Van Tran**—Regulatory Review Officer

**Adora Nu**—Regulatory Review Officer

PharmFree Steering Committee Members

**Tim Anderson, MS-IV**

**David Tian, MS-IV**

**Kirsten Austed, MS-III**

Which comes first, profits or patients? Join AMSA's PharmFree Campaign in returning the "Patient First" mentality to medicine. PharmFree unites medical and premedical students to promote evidence-based prescribing, pharmaceutical innovation, and global access to medicines. The PharmFree session at the Empowering Future Physicians Conference will hand you the tools to bring "Patient First" initiatives to your university or hospital. The session will include

# Sunday, October 16

speakers from the Food and Drug Administration discussing the oversight of new pharmaceuticals, pharmaceutical advertising and how you can take part; PharmFree leaders discussing how your school ranks in AMSA's Scorecard, which evaluates medical school conflict-of-interest policies; and an introduction to the PharmFree curriculum designed by AMSA as a model policy for teaching the basics of ethical and evidence-based prescribing.

## **Health Policy in Practice: Social Justice Around the World**

*Armstrong Medical Education Building, East Strauch Auditorium*

### **Netfa Freeman**

Program Director at the Institute for Policy Studies

The U.S. health care jungle fares badly when compared to health care systems in other wealthy, capitalist countries. However, even Western Europe and Canada can learn a great deal from the examples of Cuba and Venezuela, where health care is a human and constitutional right, and the well-being of the people is central to the national mission. Netfa Freeman will address what lessons health care professionals in the United States can glean from models that are an alternative, not only to the U.S. but also to Canadian and European systems. Freeman will address what the exigencies and obligations are for social justice-minded health care professionals and advocates in the United States, with suggested strategies for revolutionizing healthcare.

## **10:30am – 11:45am**

### **Different Journeys: Charting Your Path to Medical School**

*Armstrong Medical Education Building, West Strauch Auditorium*

What's the best career advice you've ever gotten? Chances are you sought out someone whom you respected and admired, perhaps even wanted to emulate. So, you want to go to medical school and have tons of questions. Look no further than our panel of experts to highlight the various paths you can take to get there and what medical school is really like.

### **Facilitator: Danielle Salovich, M.D.**, National President, AMSA

An alumna of Arizona State University and a recent graduate of Robert Wood Johnson Medical School in New Jersey, Dr. Salovich is the National President of the American Medical Student Association. A self-proclaimed non-traditional medical student Dr. Salovich was a non-science major undergraduate and took a year off before entering medical school in order to gain experience in the workplace, two choices that were instrumental to her professional development.

**Elizabeth Wiley, J.D., M.P.H.**, AMSA Vice President for Internal Affairs

Liz is currently a fourth year medical student at George Washington University School of Medicine in Washington, D.C. A native of Nashville, Tennessee, Liz attended Smith College. Upon finishing her undergraduate degree in Philosophy and Women's Studies, she spent two years teaching middle school in Detroit with Teach for America. Liz then completed a J.D. and M.P.H. (Health Policy) at the University of Michigan. In 2007, Liz was awarded a Fulbright grant and spent the 2007-2008 academic year conducting health services research in Norway. She also serves as a member of the National Resident Matching Program (NRMP) Board of Directors and the National Consumer Voice for Quality Long-term Care's Leadership Council. Committed to primary care, Liz aspires to a career as a physician advocate and hopes practice medicine in one of our nation's community health centers.

**David Marcovitz**, AMSA Vice President for Membership

David Marcovitz is in the Class of 2012 at the Vanderbilt University School of Medicine, and he is serving as AMSA's National Vice President. He previously served as the AMSA National Grassroots Chair (2010-2011) and as the Vanderbilt Chapter President (2009-2010), during which time the chapter initiated the Give Tennessee Kids a Chance Campaign, which has now helped introduce bills related to childhood obesity in both the 2010 and 2011 TN State Legislatures.

David graduated in 2006 from Princeton University with a B.A. in Russian Literature and a certificate in Russian Studies. In 2006-2007 he did preventative HIV/AIDS work in the Russian Federation on a Fulbright Community Service Grant and worked the following year at Christ House Medical Recovery Shelter in Washington, D.C. as a Clinical Services Assistant.

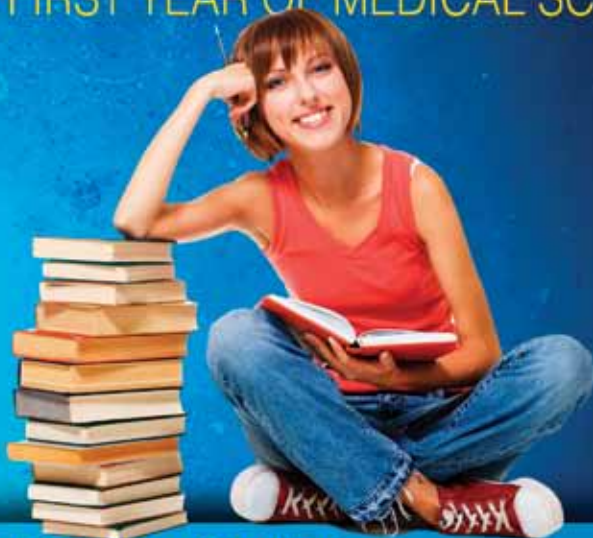
**Shazia Mehmood**, AMSA Vice President for Leadership Development

Shazia Mehmood is a 4th year medical student at Robert Wood Johnson Medical School and currently serves as AMSA's National Vice President for Leadership Development. After founding the Drexel AMSA Chapter and completing college in three years, Shazia went directly to medical school and served in three AMSA national policy positions. Shazia's interest in policy and social justice is through AMSA of course, as well as the Promise Clinic, which is a fully student-run clinic that serves only the uninsured, for which she serves as Director.



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**Obinna Mmagu**, AMSA Region 3 Director

A graduate of the University of Delaware, Obinna is the Region 3 Director of the American Medical Student Association. Obinna made undergraduate biomedical research integral in his academic and professional development, presenting in a number of national conferences. Obinna is currently a 3rd year medical student at the Philadelphia College of Osteopathic Medicine with interests in preventive medicine and global health after embarking on a medical mission trip to Haiti in August 2010.

**The Politics of Sex Education: What You Should Know as a Future Physician**

*Armstrong Medical Education Building, Room 402*

**Morgan Marshall**

State Policy Coordinator, Sexuality Information and Education Council of the United States (SEICUS)

This presentation will provide an overview of federal policies impacting sex education and address the role of physicians in shaping sex education policies and programming at the state and local levels and in filling in the gaps where policy fails. Comprehensive sexual health information is critical to providing young people with the information and skills they need to make informed decisions about their sexual behavior. However, sex education vastly differs across states and communities, and most young people do not receive instruction in schools. Less than half of states require schools to teach any form of sex education; and most instruction teaches abstinence-only, which does not provide information on contraception, including condoms, or how to access health care services. While federal funding has historically supported programs that teach only abstinence until marriage, new funding streams created under the Obama administration have supported statewide initiatives and local efforts to provide more comprehensive and evidence-based programs, those that have proven effective in reducing sexual risk behavior related to unintended pregnancy and the transmission of sexually transmitted infections, including HIV. But these changes are just a start; access to youth-friendly health care services, support from parents and other trusted adults, and the contributions of community stakeholders are also necessary to curb high rates of sexually transmitted infection and unintended pregnancy experienced by young people. This is your chance to learn more about what you can do to make a difference.

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## Single Payer in the Post-PPACA Era

*Armstrong Medical Education Building, East Strauch Auditorium*

**Eric Naumburg, M.D., M.P.H., F.A.A.P.**

While health reform legislation will improve some aspects of our health care system, it falls short of the goal of providing quality affordable health care for all Americans. In this session, Dr. Eric Naumburg will discuss the role and techniques of single-payer advocacy in the post-PPACA era, with a particular emphasis on state-based movements. As the legislative director for Healthcare for All Now in Maryland, Dr. Naumburg will give examples from his experiences in the state of Maryland, providing lessons that can be applied in the other 48 states that have not passed single-payer plans.

**12:00pm – 1:30pm**

## The Future of Health in the 21st Century

*Armstrong Medical Education Building, Strauch Auditorium*

**Rear Admiral Susan Blumenthal, M.D., M.P.A.**

Former U.S. Assistant Surgeon General

Former Deputy Assistant Secretary for Women's Health

Director, Health and Medicine Program

Center for the Study of the Presidency and Congress



Medical science is entering a golden age but the keys to life are not all locked in the laboratory. Technological progress is a critical element of--but not a complete recipe for--better health. This presentation will explore some of the new frontiers of medicine and science, underscore the power of prevention, address the impact of health care reform and the importance of medical research. Since many health concerns today such as a pandemic flu and AIDS are just a jet plane away, global health issues have significant humanitarian, economic and

national security implications for all of us. This talk will explore these topics and will conclude with a prescription for some simple steps we all can take toward a healthy future.

Rear Admiral Susan J. Blumenthal, M.D., M.P.A. (ret.) provided distinguished service for more than 20 years as a leading national U.S. government health expert and spokesperson in the administrations of four U.S. presidents. She served as assistant surgeon general of the United States, as the first-ever deputy assistant secretary for Women's

## Sunday, October 16

Health, and as senior global and e-Health adviser in the U.S. Department of Health and Human Services. She also was a White House adviser on health issues. Blumenthal has served as the top medical adviser to the secretary of the U.S. Department of Agriculture, and as chief of the Behavioral Medicine and Basic Prevention Research Branch at the National Institutes of Health. Throughout her career, she has worked to bring understudied health and science issues to increased public and scientific attention including women's health, global health, obesity, and disease and violence prevention. Blumenthal is currently the director of the Health and Medicine Program at the Center for the Study of the Presidency and Congress, where she co-chairs its Health Commission, a clinical professor at Georgetown University and Tufts University medical schools, and chair of the Global Health Program at the Meridian International Center. She also is the public health editor of the Huffington Post and senior medical adviser at amfAR, the Foundation for AIDS Research.

Named by the Medical Herald and the National Library of Medicine as one of the most influential and important women in medicine and by the New York Times as one of the top doctors in the women's health field, Blumenthal is the recipient of numerous awards, medals and honorary doctorates for her landmark contributions to improving health. She was named the 2009 Health Leader of the Year by the Commissioned Officers Association, its highest honor and as a Rock Star of Science by the Geoffrey Beene Foundation.

### **1:30pm – 2:15pm**

#### **Lunch**

*Armstrong Medical Education Building, Lobby*

### **2:15pm – 3:30pm**

#### **Grassroots Organizing: A Few Committed Citizens Can Change the World**

*Armstrong Medical Education Building, Room 402*

#### **Michelle Crentsil**

Organizer, Committee of Interns and Residents

Affect Change! This interactive session will teach you the important skills to engage people in the issues you care about and inspire them to take action with you. Passion, commitment, communication, recruitment and organizing skills will be taught by a professional resident physician organizer. You will learn how to harness these new skills to work with fellow medical students and other health care professionals to rally around critical health care issues. The world needs you. Come learn how to start a movement.

**Sunday, October 16**

**Freedom of Choice: Defending Abortion and Reproductive Rights**

*Armstrong Medical Education Building, West Strauch Auditorium*

**Marlene Gerber Fried, Ph.D.**

Professor and Faculty Director of Civil Liberties and Public Policy Program at Hampshire College

Understanding the status of abortion rights in the United States today, including current and historical threats, requires analyzing the different ways in which these rights have been framed—choice, women's rights, public health, human rights and reproductive justice. Dr. Gerber Fried will also focus on the special role of doctors/health care providers in the abortion battle.

**Achieving Your Greatest Success on the MCAT**

*Armstrong Medical Education Building, East Strauch Auditorium*

**Jeff Koetje, M.D.**

Assistant Director of Pre-Health Programs, Kaplan Test Prep

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# Notes



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