

*Join the world in celebrating*



Photo: Susan Samueli Center for Integrative Medicine, University of California Irvine

# **International Integrative Medicine Day!**

January 23, 2010

- ▶ **Share a nutritious meal with friends**
- ▶ ***Be in the moment* for a moment**
- ▶ **Practice Integrative Medicine**
- ▶ **Organize a political rally**
- ▶ **Host experiential workshops**

*Together we can make a difference!*

To find resources, list your event, and to partner with us in this movement for change visit [www.amsa.org/InternationalIMDay](http://www.amsa.org/InternationalIMDay)

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**American Medical Student Association**  
and  
***Alternative Therapies in Health and Medicine***

