

Dear AMSA Facilitators,

Welcome to the *Alternatively* Workshop. The purpose of *Alternatively* is to serve as a primer on the topic of integrative, complimentary, and alternative medicine (ICAM). You will find this workshop straight forward and easy to present. Materials included consist of:

## **1. Alternatively Movie**

Requires:

- Quicktime (available as a free download from: [www.apple.com/quicktime](http://www.apple.com/quicktime))
- An audio source
- A Digital Projector

## **2. Optional Discussion Session**

**Format:**

- a. Student Introduction
- b. Movie
- c. Optional Discussion Session
  - Suggested topics include:
    - Personal experience with ICAM
    - Reasons for an increasing interest in ICAM and the relevance to future practice

Approximate workshop time: 10 minutes (+ 5 -10 with discussion session)

Thank you for your interest and participation. If you have any question or would like to provide feedback please do so at: [humed.premed@amsa.org](mailto:humed.premed@amsa.org).

Kind regards,

Tim Barnard  
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