



# AMSA Academy

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AMSA Academy is a training ground for physician leaders, established by and for students. The Academy strives to empower medical students to effect change in medicine. Combining didactic with experiential learning, AMSA Academy courses take medical students through the core competencies of leadership and project implementation, while building on key principles of important topics in medicine.

## AMSA INSTITUTES

### **Leadership & Education Program for Students in Integrative Medicine (LEAPS into IM)**

This week-long institute is intended to educate future physicians on various evidence based integrative medicine modalities and to foster effective leadership skills to implement at their medical schools. Hosted at the Kripalu Center for Yoga and Health in the Berkshire Mountains of Massachusetts, student will receive support and mentorship in the development of individual integrative medicine projects to be continued at their own school.

### **Patient Safety and Quality Leadership Institute**

PSQLI provides an opportunity for physicians-in-training to become leaders in delivering high quality, safe care to all patients and identifying systems problems that contribute to patient's wellness. Participants will be equipped to develop a project around patient safety which they can implement at their local schools.

### **Pharmaceutical Policy Leadership in Medicine Institute**

This is a 3-day institute trains undergraduate and medical students to become advocates of change for pharmaceutical policy. Through the speakers and curriculum presented at the Institute, participants will learn to use a range of transparency tools and advocacy tactics to strategically design and implement campaigns centered on current pharmaceutical policy issues.

### **Seacouver Study Tour**

The SeaCouver Study Tour is a unique opportunity for physicians-in-training to experience the health care systems of two different nations. Participants will compare and contrast these experiences and receive firsthand experiences in discussing with patients the benefits and disadvantages of each system. SeaCouver will begin in Seattle, Washington and will conclude in Vancouver, British Columbia.

### **Teaching Tomorrows Teachers Today (T4)**

This five-day program developed by the American Medical Student Association (AMSA) and George Washington University School of Medicine and Health Sciences provides practical teaching and leadership skills to those interested in academic medicine. At T4, students will learn skills to develop effective teaching methods, be a good bedside teacher during residency, become a stronger leader, and prepare for a successful career in academic medicine.

### **Advocacy Leadership Institute**

This institute is still under development at this time. Exciting details to come soon.

### **Wellness Institute**

This institute is still under development at this time. Exciting details to come soon.



## **SCHOLARS PROGRAMS**

Conducted over the course of an entire academic year and held exclusively online, AMSA Scholars Programs are rigorous distance learning courses structured around selected readings, response papers, and conference call discussions led by field experts. Participants are partnered with mentors to facilitate continued learning and build a project around a topic area related to the program.

### **Global Health Scholars Program**

A comprehensive 8-month program designed to allow motivated health professional students to develop advanced advocacy, communication, and critical thinking skills with which to effect change in global health. The Scholars will be guided through critical analyses of literature and policies on global health through readings and discussions with peers and international leaders.

### **Health Equity Scholars Program**

The AMSA Health Equity Scholars Program seeks to train future physicians to understand and identify solutions to health disparities and fostering discussions of a healthy society and equitable health system. Scholars will join five conference calls led by a selected physician-leader. Scholars will also implement a project to minimize health disparities.

### **Medical Humanities Scholars Program**

The Medical Humanities Scholars Program is a learning experience that utilizes conference calls to provide up to ten medical students with the opportunity to consider how medicine, disease, and physicians are viewed, and to write and reflect on the intersections between these arenas. Attendance and participation in conference calls, selected readings on humanities in medicine, and writing short essays will determine satisfactory completion of the program. Implementation of a specific medical humanities project at each participant's school will be expected.

### **Sexual Health Scholars Program**

Sexual health is a vital component of patient care. Studies show that patients want their doctor to bring up sexual health, but only 25% of physicians stated that they regularly conduct a sexual history. Indeed, most medical schools do not teach a sufficient amount about sexual health. Remedy this and have fun creating change! Apply for the first annual Sexual Health Scholars Program, a web-based initiative from late September – February. Through interaction with sexual health experts, students will gain knowledge and skills in a variety of sexual health topics and begin to work to enhance sexual health curricula within participants' home institutions.

## **FELLOWSHIPS**

### **AMSA-Vitas End-of-Life Education Fellowship**

This program as a six-week intensive summer experience designed to introduce medical students to end of life (EOL) care issues in a way not found on the medical school campus. Vitas Innovative Hospice Care coordinates a program of rigorous didactic sessions and a variety of field placements. Students will learn from interdisciplinary hospice team members which may consist of doctors, nurses, social workers, chaplains, bereavement counselors, and volunteers. As with all clinical settings, the experiences will vary from day to day, and will include both in-patient and home visits, the routine and the unexpected.

## **ELECTIVES**

### **Humanistic Elective in Alternative Medicine, Activism, and Reflective Transformation**

This month-long elective for fourth-years will be structured as a group exploration of what it means to be a healer and how we can each work to embody it as we progress in our careers. The elective is accredited by the University of Florida COM as a general elective in internal medicine. Formal and informal dialogue throughout the month may include the following topics: physician social responsibility and activism, racism, humanism, gender in medicine, health policy, the practice of CAM, medical history, death and dying, suffering and compassion, healing through the creative arts, sexuality, body image, violence, substance abuse, childbirth, religion, self-care, and more. Tuition costs cover all major expenses for the month, including housing, meals, snacks, lectures, evening on-site activities, and local transportation for official activities.